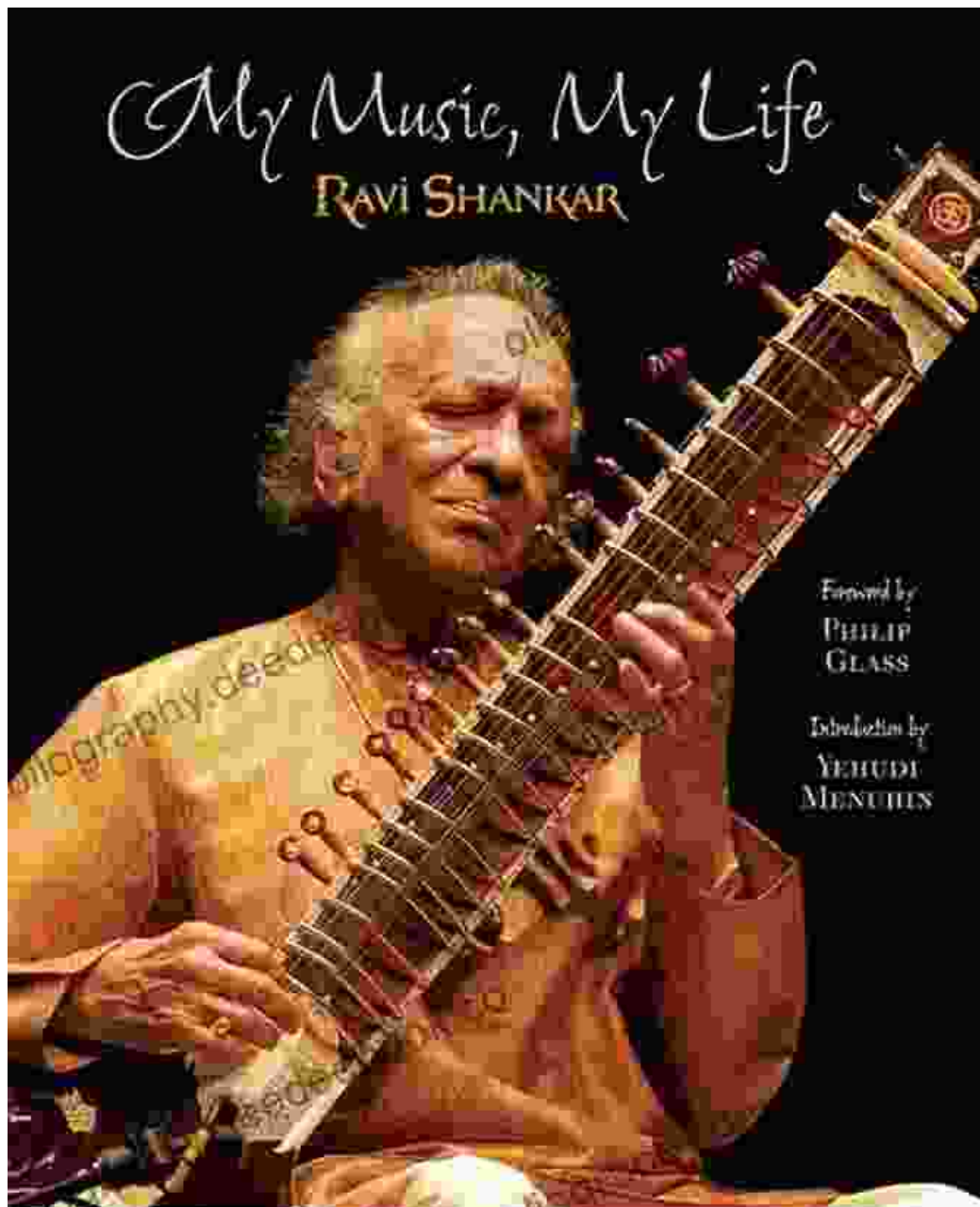


Spirit Rising: My Life, My Music - An Inspiring Memoir by David Archuleta



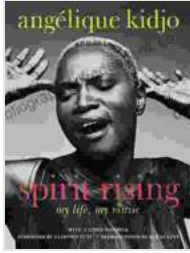
Spirit Rising: My Life, My Music by Angelique Kidjo

★★★★★ 4.8 out of 5

Language : English

File size : 12538 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 256 pages



Review

David Archuleta's memoir, *Spirit Rising: My Life, My Music*, is a moving and inspiring story of resilience, hope, and the power of music. Archuleta, who rose to fame on *American Idol* in 2008, shares his personal struggles and triumphs with candor and vulnerability.

The book begins with Archuleta's childhood in Utah. He was raised in a devout Mormon family and began singing at a young age. Archuleta was a natural performer, and he quickly became a local celebrity. However, his success came with a price. Archuleta struggled with anxiety and depression, and he often felt like he was living a double life.

In 2008, Archuleta auditioned for *American Idol*. He quickly became a fan favorite, and he ultimately finished second in the competition. After *Idol*, Archuleta released his debut album, which was a commercial success. However, he continued to struggle with his mental health, and he eventually decided to take a break from music.

In the years since leaving *American Idol*, Archuleta has focused on his mental health and his personal growth. He has also continued to make music, and he released his fourth album, *Postcards in the Sky*, in 2020.

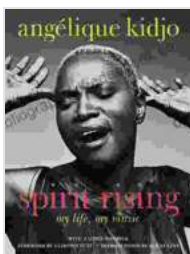
Spirit Rising is a candid and inspiring look at Archuleta's life and career. It is a must-read for fans of Archuleta and for anyone who is interested in the power of music to heal and inspire.

Author Biography

David Archuleta was born in Miami, Florida, on December 28, 1990. He is the fourth of five children. Archuleta's family moved to Utah when he was two years old. He began singing at a young age, and he quickly became a local celebrity. In 2008, Archuleta auditioned for American Idol. He quickly became a fan favorite, and he ultimately finished second in the competition.

After Idol, Archuleta released his debut album, which was a commercial success. However, he continued to struggle with his mental health, and he eventually decided to take a break from music. In the years since leaving American Idol, Archuleta has focused on his mental health and his personal growth. He has also continued to make music, and he released his fourth album, Postcards in the Sky, in 2020.

Spirit Rising: My Life, My Music is a moving and inspiring memoir by David Archuleta. The book chronicles his journey from his humble beginnings to his rise to fame on American Idol and beyond. Archuleta shares his personal struggles and triumphs with candor and vulnerability. Spirit Rising is an inspiring story of resilience, hope, and the power of music.



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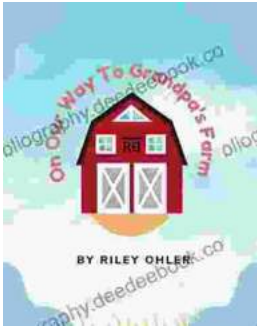
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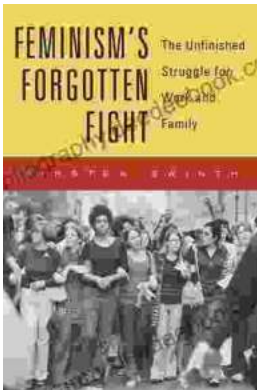
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