

# Heart People: Susan Blumenthal's Enduring Legacy of Advocacy and Inspiration



## A Trailblazing Career in Heart Health

Susan Blumenthal, MD, MPH, is a renowned cardiologist, public health leader, and advocate for women's health. Throughout her distinguished career, she has held numerous leadership positions, including serving as

the first woman president of the American Heart Association (AHA), president and CEO of the Center for the Study of Women in Medicine (now known as the Susan B. Blumenthal Center for Women's Health), and deputy assistant secretary for health at the U.S. Department of Health and Human Services.



## Heart People by Susan Blumenthal

★★★★★ 5 out of 5

Language : English  
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Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
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Lending : Enabled



Blumenthal's passion for heart health stems from her personal experiences. In 1972, while completing her medical residency at Harvard University, Blumenthal witnessed firsthand the devastating impact of heart disease on her own mother. This experience ignited within her a deep commitment to improving the lives of those affected by cardiovascular disease, particularly women.

### Championing Women's Heart Health

At the time, women's heart health was largely overlooked and underfunded. Blumenthal recognized this disparity and became a tireless advocate for research and awareness about the unique risks and symptoms of heart

disease in women. In 1985, she co-founded the Women's Heart Network, a national coalition dedicated to promoting women's cardiovascular health.

Through her advocacy efforts, Blumenthal helped to secure increased funding for women's heart health research. She also played a pivotal role in the passage of the National Heart, Lung, and Blood Institute (NHLBI) Women's Health Initiative, a groundbreaking study that provided valuable insights into the prevalence and risk factors of heart disease in women.

### **Influencing Policy and Shaping Research**

Blumenthal's influence extended beyond the realm of advocacy. As a member of the National Heart, Lung, and Blood Institute's Advisory Council, she helped shape the direction of cardiovascular research. She also served on the Institute of Medicine's Committee on Women's Health Research and the President's Council on Fitness, Sports, and Nutrition.

Blumenthal's contributions to the field of heart health have earned her numerous awards and accolades. She is a recipient of the AHA's Gold Heart Award, the American Medical Association's Women in Medicine Lifetime Achievement Award, and the National Council of Women's Organizations' Susan B. Anthony Award.

### **A Legacy of Inspiration**

Susan Blumenthal's legacy is one of tireless advocacy, groundbreaking research, and transformative leadership. Her unwavering commitment to improving the lives of those affected by heart disease has had an immeasurable impact on the field of cardiovascular health.

Blumenthal's work has not only raised awareness about women's heart health but has also empowered women to take control of their cardiovascular health. She has inspired countless individuals to pursue careers in heart health and has influenced policies that prioritize cardiovascular health for all.

As the movement for heart health continues to evolve, Susan Blumenthal's legacy will serve as a guiding light, inspiring future generations to advocate, innovate, and make a difference in the lives of those affected by heart disease.

Susan Blumenthal is a true heart hero, whose unwavering dedication to women's health and cardiovascular research has left an enduring legacy. Her pioneering efforts have transformed the landscape of heart health, empowering women and saving countless lives. As we strive to create a world free from heart disease, Susan Blumenthal's spirit of advocacy and innovation will continue to inspire us towards a brighter and healthier future for all.



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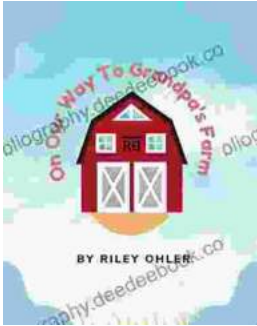
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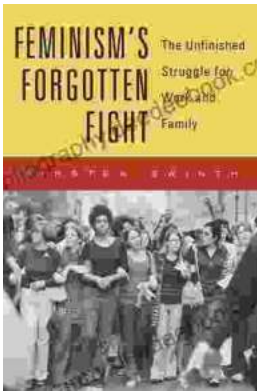
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