# Getting Started And Ensuring Added Value: A Comprehensive Guide

Getting started with something new can be daunting, but it doesn't have to be. By following a few simple steps, you can ensure that you get the most out of your new experience. In this guide, we will provide you with some tips on how to get started and ensure added value.



The EFQM Excellence Model in Higher Education: Getting started and ensuring added value by Marisa Silva

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#### 1. Define Your Goals

The first step to getting started is to define your goals. What do you want to achieve? What are you hoping to get out of this new experience? Once you know what you want to achieve, you can start to develop a plan to reach your goals.

#### 2. Do Your Research

Once you have defined your goals, it's important to do your research. This will help you to learn more about the topic or activity that you are interested

in. By ng your research, you can also identify any potential challenges that you may face and develop strategies to overcome them.

#### 3. Find a Mentor or Coach

If you are new to something, it can be helpful to find a mentor or coach. A mentor or coach can provide you with guidance and support as you learn and grow. They can also help you to stay motivated and on track.

#### 4. Take Action

Once you have done your research and found a mentor or coach, it's time to take action. Don't be afraid to start small and gradually increase your efforts as you become more comfortable. The most important thing is to take action and get started.

#### 5. Evaluate and Adjust

As you progress, it's important to evaluate your progress and make adjustments as needed. What is working well? What could be improved? By evaluating your progress, you can make sure that you are on track to achieve your goals.

#### 6. Celebrate Your Successes

As you reach your goals, it's important to celebrate your successes. This will help you to stay motivated and continue to strive for excellence. By celebrating your successes, you can also inspire others to achieve their goals.

Getting started with something new can be daunting, but it doesn't have to be. By following these tips, you can ensure that you get the most out of your new experience. Remember to define your goals, do your research, find a mentor or coach, take action, evaluate and adjust, and celebrate your successes. With a little planning and effort, you can achieve anything you set your mind to.



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